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| Medical Referral Medical referral for incidents of non-fatal strangulation and suspected brain injury |
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| Service referred to: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  | Date of referral: \_\_\_/\_\_\_/\_\_\_ |
| Client Information  |
| Client Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Client DOB: \_\_\_/\_\_\_/\_\_\_ |

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| **REASON FOR REFERRAL** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is engaged with our service for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_support. During our conversations she has reported experiencing: [ ]  pressure applied to her neck and/or breathing being restricted [ ]  suffered an injury to the head such as a hit or knock This was one off/ repeated incident which occurred approximately \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Client reports the following **significant symptoms** of non-fatal strangulation (NFS) and acquired brain injury (ABI)

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| **How the injury occurred** [ ]  Repeated incidents of NFS[ ]  Significant force (lifted off the ground, shaken or hit) [ ]  Loss of bladder/bowel control during incident [ ]  Near or complete loss of consciousness [ ]  Memory loss[ ]  Neurological symptoms persisting more than 10 days after the incident [ ]  Physical signs and symptoms of NFS:* Neck bruises
* Neck swelling, tenderness, deformity
* Red spots (petechiae)
* Changes in voice or inability to talk
* Difficulty or pain swallowing
* Air bubbles underneath the skin (subcutaneous emphysema)
* Difficulty or labored breathing
 | **New or evolving neurological symptoms** [ ]  Feeling slow and foggy[ ]  Difficulty processing information, comprehending, or problem solving[ ]  Memory problems [ ]  Changes in mood:* Irritability
* Anxiety
* Sadness
* Low or flat affect
* Emotional sensitivity
* Feeling numb
* Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[ ]  Changes in sleep * Trouble falling asleep
* Excess sleep
* Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

[ ]  Muscle fatigue and/or limb weakness[ ]  Balance disturbance and/or poor coordination[ ]  Severe headaches and/or migraines [ ]  Changes in vision or sight [ ]  Light or noise sensitivity |

Referrer comments:

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| referral information  |
| In accordance with organisational protocols and clinical advice outlined in national and state-based heath guidelines for managing NFS and ABI, the client has reported one or more red flags that require medical assessment and potential referral to specialist and allied health services. Sources used to inform our protocols can be viewed below.  |
| **FUTURE CLIENT SUPPORT** **Our service will continue to support the client through \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |
| REFERRING ORGANISATION CONTACT details  |
| Please do not hesitate to contact us if we can be of any further assistance. |
| Referring Organisation:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Referrer Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Referrer Position: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Phone No.: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **About Us**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Sources**Women’s Health NSW (2024): [It left no marks learning hub](https://itleftnomarks.com.au/)Agency for Clinical Innovation (2022): [Managing non-fatal strangulation in the emergency department.](https://aci.health.nsw.gov.au/__data/assets/pdf_file/0005/750344/ACI-Non-fatal-strangulation-clinical-practice-guide.pdf) The Royal Australian College of General Practitioners (2022): [Abuse and violence: Working with our patients in general practice](https://www.racgp.org.au/getattachment/4ab6102c-67d9-4440-9398-a3ae759164ef/Abuse-and-violence-Working-with-our-patients-in-general-practice.aspx). Australian Journal of General Practice (2022): [‘I thought I was About to Die’: Management of non-fatal strangulation in general practice](https://www1.racgp.org.au/getattachment/d0b73b93-f576-49ee-987a-3df6142e9ea8/Management-of-non-fatal-strangulation.aspx).Women’s Legal Service NSW (2019): [GP Tool Kit: When she talks about violence.](https://www.wlsnsw.org.au/newly-updated-gp-toolkit/)  |